

Anchor House

Residents rebuild their lives – literally!

At **Anchor House**, in the heart of East London, the programme of change is rapid. They are now working to complete the refurbishment of the residents' accommodation. And it is the residents themselves that are working on-site with the contractors to help with much-needed refurbishment work taking place.

The first phase of the refurbishment programme has already been completed, which includes a new reception area, offices and state of the art IT facilities, as well as much needed repairs to the main building.

Homeless people often have multiple problems such as family or relationship breakdown, losing a job, mental health problems, money problems, drug abuse or leaving an institution such as prison. Such problems cannot be solved by accommodation alone. So **Anchor House** residents have been gaining qualifications in on-site workshops where 25 residents have been involved in construction training some undertaking 2 year apprenticeships.

Anchor House is a regeneration charity that is not just a roof over their heads. It's a home that provides a sense of identity and a place of emotional wellbeing and leads residents through an innovative 'Aspirations programme' that takes a holistic approach to rebuilding their futures through health, fitness, employment and training initiatives.

In continuing this vital work, we need your support. Your donation really does help residents to build a positive and exciting future for themselves and for the community.



I wish to set up a standing order (we will contact you in due course)

£20 £40 £60 £100 or my preferred amount is £

PLEASE WRITE IN BLOCK CAPITALS

Title: **Initials:** **Surname:**

Home Address:

Postcode:

Tel:

Gift aid declaration (only valid with full name and home address) Please treat all of my donations for the six years prior to this year (but not before the 6th April 2000) and until further notice as GIFT Aid. My UK annual income tax is more than the tax Anchor House will reclaim.

Or please tick: I am not currently a UK taxpayer

I enclose: a cheque or postal order (please make cheques payable to Anchor House) OR please debit my Visa MasterCard CharityCard American Express Switch/Maestro

Card Number

Expiry date: Valid from: Issue no:

Signature:

Please send to; Freepost, Homeless – Anchor House

Telephone: 020 7476 6062 or donate online at www.anchorhouseuk.org

Registered Charity no. 253669

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